

# the dancing moon

november 2024

Being the official newsletter of  
the Shire of Calanais Nuadh in the Kingdom of Calontir,  
a branch of the Society for Creative Anachronism, Inc.

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- Changes to Meeting Times
- Call for Submissions: Pictures
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- And More!



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**Facebook Page:** <https://www.facebook.com/ShireOfCalanaisNuadh/>

**Facebook Group:** <https://www.facebook.com/groups/ShireCalanaisNuadh/>

## submissions:

The Dancing Moon is published monthly. Submissions are due on the Second Monday of each month for publication on the Last Monday of that month. Please submit your items to the Shire Chronicler by email or post, or in writing at a Calanais Nuadh meeting.

Submissions may be edited, delayed, or declined by the Chronicler.

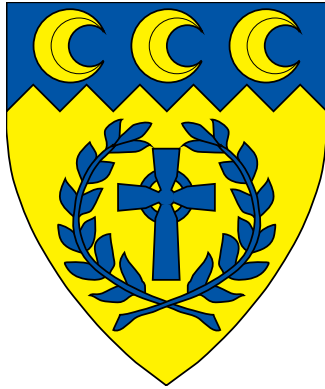
Signed release forms may be required for publication.

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The Dancing Moon is available from Hildegard the Clever, mka Laura Gilkey, by email: [CalanaisNuadhChronicler@gmail.com](mailto:CalanaisNuadhChronicler@gmail.com), or by post: 12249 Hwy KK, Crocker, MO 65452.

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## THIS MONTH'S COVER

His Royal Majesty Robert Magnus, attended by his retinue, holds court at Autumn Arrows XXXII on October 5<sup>th</sup>, 2024.

More news from Autumn Arrows later in this newsletter, including this year's Shire Archery Championship.

## calanais nuadh UPCOMING MEETINGS

*For the latest on upcoming meetings, join us on Facebook: see inside front cover.*

The Shire of Calanais Nuadh meets on most Monday evenings at St. Robert Bellarmine Catholic Church in the Fellowship Hall, 367 Old Route 66 in St. Robert, Missouri.

**Starting November 4<sup>th</sup>, our meetings will begin at 6:30 pm.** Garb is optional.

November 4<sup>th</sup>: Project Night

November 11<sup>th</sup>: Business Meeting with Potluck

November 18<sup>th</sup>: Project Night

November 25<sup>th</sup>: Movie Night

December 2<sup>nd</sup>: Holiday Break; no meeting

## ARCHERY PRACTICE

Our Archery Practices are held some Sunday afternoons at the Beaver Creek Conservation Area on US-63 in Rolla, Missouri. There is a driveway across from the VFW Post which leads to the archery range.

Practices currently start at their autumn and winter time of 2:30 pm.

If you plan to attend archery practice, please contact our Seneschal, Catin of Edington, by Saturday evening. Also let Catin know if you will need the Shire's loaner equipment.

## FIGHTER PRACTICE

For information on Fighter Practices, contact our Knights Marshal, James Inn Danski.

## FROM THE CHRONICLER, WITH CALL FOR PICTURES

Greetings from your shire chronicler!

Autumn Arrows XXXII is now behind us, and with it my first experience as a co-Event Steward! Catin did most of the heavy lifting and helped me start learning the ropes bit by bit. I had a great time at the event and hope I can learn more about the service role in the future!

I was also honored to receive an Award of Arms from His Majesty at court, so I can now list myself as “Lady Hildegard”! Many thanks to those in the Shire who recommended me! I had been making noises about it, I admit, and I hope I can be more decorous in the future. It has been such a blessing to be accepted by the gentle folk of our shire, imperfections and all.

**My submission request for this month is: Pictures!** This is a broad category, which I will likely return to in some future months' requests, but for now, some ideas:

- Pictures from events! People in garb and other period-looking elements make especially good photos. If you would include a thing when telling the story of an event, it would likely be good to have a picture, too!
- Projects! Share pictures of things you've made or are working on!
- Don't forget close-ups! Today's smart-phone cameras are impressively good at getting in close, and a striking detail from an item can make a great picture. A close-up “slice” view of something can also make good cover borders, a great help for me!

As always, I will need permission from the creators to print anything you submit (unless it's in the public domain).

Pictures of people also come with some special rules. It is always best to get the permission of those in the picture when you can. “Portrait-style” images of a single person outside of public or news situations especially require a model release form from the subject.

Yours in Service until next month!

## OCTOBER BUSINESS MEETING REPORT

At our October business meeting, we adjusted our meeting and Archery practice times, reviewed the results of Autumn Arrows, and started looking forward to our RUSH event in the spring.

At our Seneschal Catin's suggestion, we decided to change our regular Monday meeting start time to 6:30 pm starting November 4<sup>th</sup>.

Archery Marshal Thomas also announced that Archery practice is moving to its fall and winter start time of 2:30 pm. Thomas hopes to hold more practices now that the worst heat of summer is behind us.

Exchequer Margery reported the financial results of Autumn Arrows. Our official profit from gate and feast totaled \$789.18, plus inn proceeds of \$360.73 and auction proceeds of \$1,670.00. This brings us to our highest bank balance since 2017, allowing a respectable tithe to the Kingdom at Chieftains next year and a comfortable margin for operating expenses.

With Autumn Arrows complete, we turned attention to our plan to hold a class-focused RUSH (Royal University of Scir Hafoc) event in the spring of 2025. We have the date “penciled in” with the Kingdom Reeve and with our usual meeting place as a venue, but Catin had been waiting to confirm our intention before finalizing the paperwork. The members at the meeting responded positively to the prospect of going forward with the event. Catin and Rose volunteered as co-Event Stewards with Rose as Scheduler. We will also need an Inn Steward. Next steps include checking with the venue about whether fighting and archery classes will be allowed, parking needs, available electrical and audio/visual resources, etc.

Margery also shared the current state of planning for her upcoming elevation to the Order of the Laurel. Details are not yet ready for publication; contact Margery to learn more.

*Complete meeting minutes are available in the Files of our Facebook group, or by request from the Chronicler.*



## AUTUMN ARROWS XXXII AFTER-ACTION REPORT

This year's Autumn Arrows was a great success!

Activities began Friday afternoon with our Shire Archery Championship shoot, which had been delayed from our summer picnic. **This year's shire archery champion: Disa!**

Disa also served as Archery Marshal for the event, with 50 archers participating out of 85 total attendees. Disa designed various shoots around our theme of "Medieval Menagerie." The overall high scorer and winner of the Queen's Favor shoot was Honorable Lord Asher de Lokwode, and the Branch Champion winner was Lord Michael de Lundie, plus winners at various levels in general bow, longbow, and crossbow.

Thomas Fleischacker was inn steward, serving venison and vegan stews with sides and a delicious array of cookies.

Dulcibella de Chateaurien sponsored our Arts & Science competitions. Our own Łukasz Lanckoroński won the "any medium" category with original cast pewter medallions which also served as the event's site tokens and garnered many compliments! The written bardic winner was Lord Hirakawa Saburou Kagetora. Around mid-day, Dulcie held a bardic performance time for competitors and those who just wanted to perform; it was a casual and enjoyable display,

and Lord Juan Pablo Villalobos' storytelling took the performance bardic prize.

His Royal Majesty Robert Magnus held court in the afternoon (Her Majesty Magge Magnus rested during court but joined us for the archery and feast). Disa and Dulcie handed out prizes to the Archery and Arts & Science winners. The Crown granted our own Hildegard the Clever an Award of Arms, and friend of the shire Copin di Gentile was inducted into the Boga-Hirth. We also received largesse from Their Majesties in thanks for hosting the event, some of which can be seen in this issue's cover borders.

Special thanks to Dorcas Whitecap for her reporting at [The Falcon Banner](#). See [her Autumn Arrows Court Summary](#) for the full list of honors and winners.

Saturday wrapped up with our feast and auction. With no feast steward, we had planned a feast by committee, which resulted in delicious dishes but benefited greatly from Rose and Cadlae stepping in to manage the kitchen and hall on the day. Guests praised the feast food and some even requested recipes!

As for the auction, we received so many donations that bidding continued past the meal and has left us thinking about how we can welcome everyone's generosity without taxing everyone's patience next year!



*Above: This year's shire archery champion Disa receives the champion's favor from her predecessor James.*

*Top left: Autumn Arrows site tokens designed and cast in pewter by Łukasz Lanckoroński, also a winning Arts & Science entry.*



*Bows stand ready for archers at Autumn Arrows XXXII.*

Many thanks to everyone who helped to make Autumn Arrows a success! To Event Stewards Catin and Hildegard, Archery Marshal Disa, Thrown Weapons Marshal Alan, Arts & Science sponsor Dulcie and her assistant Wolf, Inn Steward Thomas, kitchen rescuers Rose and Cadlae and all the feast cooks, Gate warden and auctioneer John, everyone who donated auction items, token maker Łukasz and assistant Debora, Dorcas for bringing Herald's Point, Their Royal Majesties and their retinue, Privy coordinator Margery, and so many more!

We hope to see everyone again next year!

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## RECIPE OF THE MONTH: a byzantine on bacon

from De Observatione Ciborum by Anthimus,  
translated by Shirley Howard Weber

This month's recipe – or at least note about how to prepare food – comes from Anthimus, a Byzantine physician writing to the king of the Franks around the late 5<sup>th</sup> century AD. Indeed, it seems the author was exiled by the Byzantine emperor for his connection to the Franks. (See Weber, pgs 1-2.)

Here he discusses bacon, beloved then as now. His warning about its fried form is all too familiar, but his thoughts on raw bacon would probably not pass muster with modern dieticians – or health inspectors.

**Of Bacon:** Bacon, however – than which there is nothing that gives the Franks more pleasure I shall now explain how it may be eaten to better advantage. If it is roasted on the spot like brandoni, the fat flows into the fire and the bacon becomes dry, so that whoever eats of it is harmed and not helped; likewise it produces bad humors and causes indigestion. But bacon boiled and cooled again is better: it corrects constipation and is easily digested, but it ought to be well boiled; at any rate, if off the leg, it ought to be cooked more. Nothing of the skin should be eaten, because it is not assimilated. Fried bacon should not be eaten at all because it is very injurious. Bacon fat which is put in food or over vegetables when there is no oil does no harm. But frying is not good at all.

**Of Raw (Bacon):** Of raw bacon which, as I hear, my lords the Franks eat, I wonder greatly who pointed out such a medicine to them that they have no need of other medicines who thus eat it raw, because its benefit is great and as an antidote it affords them health since it cleanses all their viscera like a good physic. And if there are any ills in their viscera or intestines, they are healed by it, and if intestinal or other worms have grown, it drives them out. For it tones up the stomach and, what is better for them, they are by means of that food healthier than other people. Now to cite a great example, so that what I have said may be believed, every wound that occurs outside of or on the body, or that has been caused by a blow, thick bacon continually placed on it cleanses the corruption of the wound and heals it. So likewise it can benefit the viscera on the inside, as I have said above. See what good there is in raw bacon: what doctors by their medicines and potions try to heal, or with plasters to cure, the Franks are cured of by raw bacon. (Weber, pgs 17-19)

Thanks to [Cariadoc's Miscellany](#) for putting me on the trail of Anthimus' work.

## AROUND THE KINGDOM AND THE KNOWN WORLD

Events nearby with our neighbors in the Kingdom of Calontir, and marvellous means of connecting with SCA fellows near and far:

### online classes & events

#### Centering Ethiopian Art

Thursday, November 21<sup>st</sup>, 7 pm

Come take a look at Christian Ethiopian painting: both manuscript and mural, figurative and abstract. See how these art styles shifted over time, develop a sense of the global connection by looking at how this art connects across the broader world, and gain some practical tools to use this knowledge. More than a tour through art history, this class is intended to help you apply what you see to your own artwork. Come center Ethiopian art on your drawing board! Class taught by Hlāford Bran Mydwynter (Bran Cedio) from Atlantia.

Zoom link: <https://zoom.us/j/95099625743>

For more events and information, see Calontir's Virtual Arts & Science calendar:

[calontir.org/arts-sciences/virtual-classes/](https://calontir.org/arts-sciences/virtual-classes/)

#### Known World Newcomers Symposium

November 30<sup>th</sup> - December 1<sup>st</sup>

All-online event via Zoom featuring over fifty classes. The focus is on welcoming newcomers, but there will be plenty offered for long-time members as well. Whether you'd like to learn more, brush up, branch out, or just connect with fellow SCAdians from around the Known World, have a look! Class tracks are listed online at <https://kwns.calontir.org/class-topics/>. Topics cover a wide range of what one might do in the SCA, from "SCA 101" and beginner hacks to Martial topics, Arts & Science, Heraldry, "Chatelaine 101," and Diversity & Equity. Free registration is required via the website: <https://kwns.calontir.org/>.

For more information, visit the link or see the feature on page 5 of our October issue.

## WITHIN A FAIR DAY'S RIDE

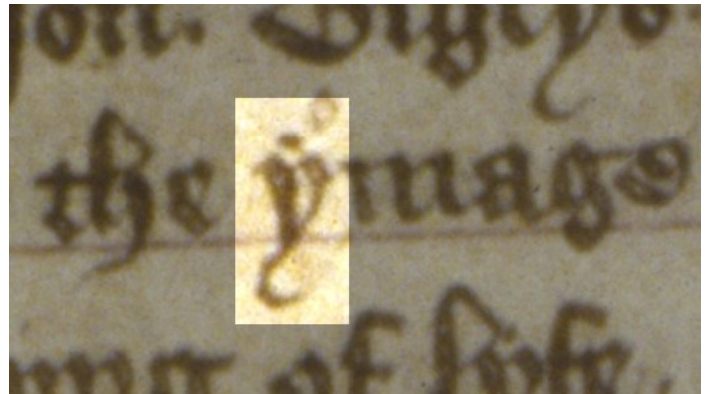
### Toys for Tots

November 16<sup>th</sup>, Jefferson City, MO

The Shire of Wyvern Cliffe hosts their annual tournament and holiday toy drive. Armored and stile combat plus archery, each with entry fee of a new toy (at least \$5 value) for Toys for Tots. Recognition for the individual and group who contribute the most toys!

For more on events, visit the Calontir Kingdom Calendar: [calontir.org/events](https://calontir.org/events).

## THIS MOON BROUGHT TO YOU BY THE LETTER...



Cross your "t"s and dot your... "y"s?

Yes, in many historical European hands, lower-case "i"s did not have a dot, but lower-case "y"s did. The dotted y isn't always consistent in period manuscripts or in modern calligraphy instruction books, but examples of it can be found from Roman-era Uncial all the way to some late-period Gothic hands. This example comes from The Life of Our Lady, an English manuscript from around 1415 written in a form of "secretary" (or "bastard") Gothic.

'TIL THE NEXT MOON,  
HILDEGARD, CHRONICLER

# CREDITS AND RIGHTS

The Dancing Moon, November 2024

Edited by: Hildegard the Clever

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